Full Report (All Nutrients) 45101811, ESSENTIAL EVERYDAY, CHEESE & GARLIC CROUTONS, UPC: 041303002469

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer Supervalu, Inc.

Nutrient	Unit	Data points	Std. Error	7.0 g 7g	1 Value Per100 g
Proximates					
Energy	kcal			30	429
Protein	g			1.00	14.29
Total lipid (fat)	g			1.00	14.29
Carbohydrate, by difference	g			5.00	71.43
Minerals					
Sodium, Na	mg			35	500

Vitamins

Lipids

Amino Acids

Other

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL, CHEESE POWDER (CHEDDAR CHEESE [MILK, CULTURES, SALT, ENZYMES], WHEY REDUCED LACTOSE WHEY MALTODEXTRIN, SALT, DISODIUM PHOSPHATE, BLUE CHEESE [MILK, CULTURES, SALT, ENZYMES], NONFAT MILK, CITRIC ACID], YEAST 2% OR LESS OF HIGH FRUCTOSE CORN SYRUP, SALT, GARLIC POWDER, DEHYDRATED PARSLEY, CALCIUM PROPONATE (PRESERVATIVE), EXTRACTIVE OF PAPRIKA (COLOR), LATIC ACID, AUTOLYZED YEAST EXTRACT, PAPRIKA (COLOR), NATURAL AND ARTIFICIAL FLAVOR (WITH MILK, MONOSODIUM GLUTAMATE), CITRIC ACID JALAPENO PEPPER POWDER DISODIUM INOSINATE, DISODIUM GUANYLATE, ENZYMES, ASCORBIC ACID, TBHQ (TO PRESERVE FRESHNESS). Date Last Updated by Company: 04/30/2016